

# 

Wolfly Weekpack Howl

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### **NPFH Lesson**

Learn about the impacts of cyberbullying





## With the person next to you-

Look at this piece of artwork and spend a few minutes discussing the following:

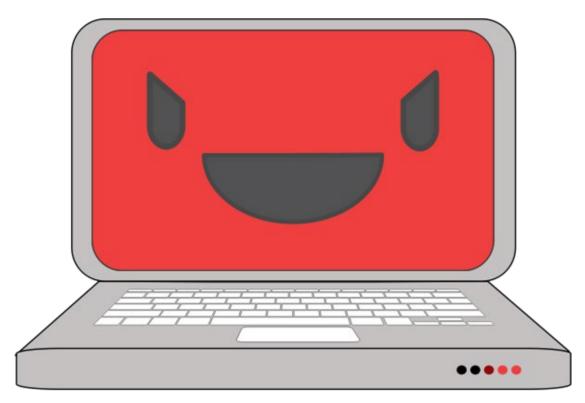
What do you see?

What do you think about what you see?

How does it make you feel?

#### Cyberbullying

Using digital devices, sites, and apps to intimidate, embarrass, harm, and upset someone.



## Watch this 3 minute video



#### As a class, have someone read out the following scenario:

John and Cat had been close friends since elementary school. One day, Cat discovered a private Instagram account with John's picture on the profile. Cat already followed John on Instagram and, although a bunch of other kids from their school were listed as followers, she immediately suspected that this wasn't one of his actual accounts.

Cat requested to follow the account. Once she was approved, she saw what had been posted: a series of memes that showed pictures of John with anti-gay captions and comments. Several of their classmates had joined in and were also posting hurtful comments about John.

#### Spend a few minutes discussing as a class:

John and Cat had been close friends since elementary school. One day, Cat discovered a private Instagram account with John's picture on the profile. Cat already followed John on Instagram and, although a bunch of other kids from their school were listed as followers, she immediately suspected that this wasn't one of his actual accounts.

Cat requested to follow the account. Once she was approved, she saw what had been posted: a series of memes that showed pictures of John with anti-gay captions and comments. Several of their classmates had joined in and were also posting hurtful comments about John. **Identify:** What dilemma or challenge is Cat facing?

**Empathize**: Why might the situation be hard or challenging for her?

**Solve:** Think of *options* for how the situation could be handled. Come up with as many ideas as possible. Are there any potential problems with any of these options? Which one might lead to the most positive outcome?

Different ways to be an upstander to Hate Speech



- Confront the perpetrator Say something if possible.
- Reach out to the person being targeted to support them.
- Tell a trusted adult about the situation.
- Report or flag the post to the website or app.
- Raise awareness about hate speech at school or in your community - how can we do this?



#### **Final Thought**

Our reactions to online hate speech can make a positive impact on the situation for the people targeted, and for our community as a whole. It takes courage to be an upstander, but if you don't do it, you may later regret having stayed silent.



Celebrate your classmates' special day



Happy Birthday To... Caden L, Nancy N, Trent D, Nicolette P, Sofia C, Asher M, Liam T, Ava P, Jake P, Kate Z, Alexis N, Zain FD, Journi J, Seohyeon L, Mohammad N, and Emerson R

03.

#### Announcements

Learn about the happenings at PTMS

#### Pi Day Winners:

The following students recited 100 digits of Pi (and more!):

- Jaden Goldstein
- Yufei Wu
- Evelyn Kim
- Grace Kim
- Sophia Tuttenberg
- Aya Arbaugh
- Kira Bankston
- \*\* Anushka Tongle recited the most digits of Pi. She recited 105 digits. Way to go!

### Pi Day Winners (Cont'd):

The actual circumference of the outside circle was 245 inches. The following students calculated the closest to that number:

- Sameer Prakash
- Shravya Mandadi
- Emily Geng
- Phillip Sheng
- Constance Dufayet
- Hannah Kushner
- Andy Song
- Yao Ye
- Sanketh Kaushik
- Dennis Stens
- Colton Sallaway
- Cameron Khadivi
- Ayan Pendharker

## Congratulations to our PTMS MathCounts team!

The team placed 1st at the MathCounts State Contest on 3/18! Congrats to the following students on the team:

- Tiger Han
- Art Huang
- Rohan Mallick
- Kai Yi

### Spirit day next Friday!

Beach Day! (remember to be school appropriate!)







## Cool Kids Crochet Club

Crochet club is every Friday in the Wellness Center during seventh grade lunch. Eighth graders in Homeroom are welcome to join. Experience is recommended, but not required. If you can bring your own yarn and hooks, great! But if you cannot, we would be happy to provide you with some. If you prefer to do your own projects, feel free to but we will also offer a beginner friendly project. This is a club where the mem bers chat while crocheting, so you can call it the "Chat and Crochet Club" If you have any questions or want to join, please contact Constance Du fayet (she/her/hers) at du fayetc2224@my.sdu hsd.net. Any experience level, gender or race welcome, we are very kind and welcom ing to everyone!

Want your club to be spotlighted? Contact ricec2685@my.sduhsd.net



## VERY MONDAY! M S S 🚺 - 4:00 2:40US ON 3/27 FOR LADS AND STARBURST



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#### GET YOUR LUCKY YEARBOOK

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nttp://jostensyearbooks.com/?REF

Get your yearbook for only \$50!

#### **Volunteers Needed!**

Are you interested in being featured in an ASB- run All About PTMS video? The video will likely be shown on the PTMS website. \*Details are still being worked out.\*

#### <u>Fill me out!</u>

If you have any questions, email @giangiulioc9557@my.sduhsd.net

#### **THANK YOU!**

#### Joke of the day:

What do you call a fake noodle?

An impasta!

Any Questions? Contact:

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