

Welcome to the ^s1 Week of School

Homeroom Activity

Day #1

Tuesday, August 16, 2022

What is Homeroom?

Academic Responsibility Is Your Priority During Homeroom

- Students should stay in their seats and take care of academic tasks (ex: homework, studying, getting organized)
- Students are expected to respect each other's academic needs with quiet voices
- Students may see other teachers when arranged ahead of time (make-up work, finish tests, academic support) – **students must have a Pass from that teacher!**
- Students can use school issued Chromebooks to support academic success

What Else Happens During Homeroom?

- If your homework/studying is complete, you may choose to read or work on a quiet task like mindful coloring, art, crossword puzzles, Sudoku, etc.
- Students and staff connections are made through community building and organized wellness activities
- Interventions and enrichments start in mid September

Ten Tips for Success

1. Be on time for class
2. If I'm absent, how do I find out what I've missed?
 - a. Ask a friend
 - b. Checking the teacher's website
 - c. Check Aeries
 - d. Many teachers post their assignments for the week on the whiteboard
 - e. Turn in your work right away
3. Talk to your teachers and don't be afraid to ask for help
4. If you want to work with a another teacher during Homeroom, make arrangements ahead of time and have a pass ready to show your Homeroom teacher.
5. Get to know your counselor.
6. Listen to the student announcements *everyday* at the beginning of Homeroom.
7. Use your agenda. Keep your notebook and backpack organized.
8. Pay attention in class.
9. Do all of your homework!!
10. Be kind to everyone and grateful!

Remember...Every success begins with two words "I'LL TRY!"

Tips for Using the Student Agenda

1. Enter the assignment the day it is assigned
2. Always start at the top of the box – don't waste space
3. Write neatly and consider using pencil
4. If there is no homework enter NH for no homework
5. During Homeroom, prioritize your assignments and start your homework
6. Check off your assignments when you finish them
7. Do not leave class without finding out the homework
8. Friday Homeroom – if you have weekend homework, plan accordingly

Activity #1: Goal Setting & Gratitude

- Take a moment to think about the year ahead
- Set one goal for this year and write it in your agenda under today's date in the bottom box
- Now write 3 things you will do to reach your goal
- Turn to your neighbor and share your goal

This year our school community will focus on the importance of Wellness. Watch this quick video about [GRATITUDE](#). Expressing gratitude towards others is one way to improve social-emotional wellness.

Take a moment to brainstorm ways you can show your gratitude towards others on our campus and gratitude towards your family. Share your ideas with the class.

Definition of *gratitude*: the state of being [grateful](#) : [THANKFULNESS](#)

expressed *gratitude* for their support

Thank you! I'm grateful for your participation today.

Homeroom Day #2

Wednesday, August 17, 2022

It's Wellness Wednesday (Advisory)!

What is Student Wellness at PTMS?

Social Wellness: Social Wellness is a person's ability to develop a sense of connection, belonging, and a well-developed support system.

Physical Wellness: Physical Wellness is a person's ability to learn and model healthy practices and routines.

Intellectual Wellness: Intellectual Wellness is a person's ability to recognize their creative abilities and find ways to expand knowledge and skills.

Emotional Wellness: Emotional Wellness is a person's ability to cope effectively with life and create satisfying relationships. When a student is Emotionally Well they have a positive attitude, high self esteem, a strong sense of self, and the ability to recognize and share a wide range of feelings to others in a constructive way.

**Other areas of student wellness include: occupational, environmental, personal, and spiritual

Homeroom Day #2

Wednesday, August 17, 2022

Wellness Wednesday Activity- Introducing Restorative Circles:

Teacher students sit in a circle so everyone can see each other. Tell the class that the purpose of the circle to to get to know each other and strengthen our Homeroom Community. Teacher quickly reviews the purpose of Homeroom (learned yesterday) and quickly explains what he/she plans to get out of HR (get to know students, support students' academic goals, take care of their own classroom tasks, etc.)

Pass the “talking piece” around the circle. Be sure to say thank you to the person that gave you the “talking piece”

When you receive the talking piece, answer both prompts below:

- **1-10 Checkin (1 = not feeling great, 10 = feeling awesome!)**
- **Share one positive thing that happened on your first day of school**

Homeroom Day #3

Thursday, August 18, 2022

Accessing your email

Email Etiquette

Homeroom Day #4

Friday, August 19, 2022

- All students should join the Wolfpack Connections Google Classroom
- Code: eukwy6t
- This is where you can sign up for activities (like lunch league and therapy dogs!) and learn about what is going on around campus!

Homeroom Day #4

Friday, August 19, 2022

- If you have received a New Student Social invitation, please follow instructions on the invitation.
- All other students should remain in Homeroom and work quietly on academic responsibilities