




PTMS WELLNESS WEEK

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Theme:	Spirit Wear	Twin Day	DJ Day	Crazy Hair/ Socks Day	Green Day
Homeroom Activity:	 <p>Assembly & Homeroom Community Building Activity "Rock, Paper, Scissors"</p>	 <p>7th Grade Sign-ups: <u>Obstacle Course</u> <u>Dodgeball</u> <u>Trivia Games</u></p>	 <p>All Student Sign-ups: <u>Yoga</u> <u>Mindful Coloring</u> <u>Love on a Leash</u> <u>Mindful Movement through Dance</u></p>	 <p>12:15 p.m. Release to Quad for PI Day Activities!</p> 	 <p>8th Grade Sign-ups: <u>Obstacle Course</u> <u>Dodgeball</u> <u>Trivia Games</u></p>
Lunch Event:	"Minute To Win It" Games	DJ Dance Competition	CCA Rock Band	Pi Day	Staff vs. Student Basketball Lunch League Game