

---

710 Encinitas Boulevard, Encinitas, CA 92024  
Telephone (760) 753-6491  
www.sduhsd.net

Dear SDUHSD Families,

The San Dieguito Union High School District proudly welcomes you to attend a presentation by Stan Collins on the topic of how to talk with your child, increasing connectedness, awareness and self-harm and suicide prevention.

This night will provide our parent community with toolkit of prescriptive tips on how to help and support your child socially and emotionally on a daily basis. Stan Collins is a Suicide Prevention Specialist at the San Diego County Suicide Prevention Council and has worked in the suicide prevention field for over 19 years. He has presented and provided training to over 650,000 adults and youth including educators, parents, medical professionals, military personnel, and law enforcement on the subject of suicide prevention.

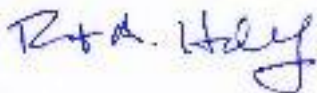
### **SAVE THE DATES**

**Wednesday, November 7 at Canyon Crest Academy, 5:45 - 8:00 pm**

**Wednesday, November 14 at La Costa Canyon High School, 5:45 - 8:00 pm**

- **Welcome and Introductions**
- **Message from Superintendent, Dr. Robert A. Haley**
- **Guest Speaker: Stan Collins**
- **Community Resources**

Stan Collins is the co-author of the *Know the Signs Training Resource Guide for Suicide Prevention in Primary Care* toolkit and author of the San Diego County *Suicide Prevention Gatekeeper Training for First Responders*. Currently a consultant with [Each Mind Matters](#), Stan works with schools and other organizations throughout California to implement suicide prevention programs. Stan also partnered with the California Department Education to co-author the model policy for suicide prevention.



Robert A. Haley, Ed.D.

Superintendent