

Myths and Realities

Myth:

- E-Cigarettes produce a harmless water vapor.
 - The secondhand vapor is not harmful.

Reality:

E-Cigarettes produce an aerosol that contains **NICOTINE** and other cancer-causing chemicals like formaldehyde, antifreeze, lead and other carcinogens.

Myths and Realities

Myth:

E-cigarettes aren't addictive.

Reality:

Nicotine is a poison and a highly addictive drug.

Myths and Realities

Myth:

Big tobacco is not involved in producing e-cigarettes.

Reality:

All major tobacco companies make and sell e-cigarettes in the U.S.

Myths and Realities

Myth:

Vaping does not lead to other drug use.

Reality:

Research says youth who use e-cigarette products are more likely to use cigarettes, marijuana and other drugs.

Myths and Realities

Myth:

Vaping marijuana is a safer alternative to smoking a marijuana cigarette.

Reality:

Vaping is not safe. It is difficult to measure how much THC is inhaled and the risk of overdose is high.