

CONSENT FOR THE CALIFORNIA HEALTHY KIDS SURVEY
2018-19 SCHOOL YEAR
MIDDLE SCHOOL

Dear Parent or Guardian:

Your child is being asked to be a part of our school's California Healthy Kids Survey (CHKS) sponsored by the California Department of Education. This is a very important survey that will help promote better health and wellbeing among our youth, improve the school learning environment and combat problems such as drug abuse and violence. *Your child does not have to take the survey. If you do not want your child to complete the survey, you must notify your school.*

Survey Content. The survey gathers information on developmental supports provided to youth; school connectedness and barriers to learning; school safety; and health-related concerns such as physical activity and nutritional habits; alcohol, tobacco and other drug use; and risk of depression and perceived sexual orientation.

The results from this survey are compiled into district and county-level CHKS Reports. To view the district reports, visit <http://www.sduhsd.net/Parents--Students/Student-Support--Wellness/California-Healthy-Kids-Survey-CHKS/index.html>

It is Voluntary. Students who, with your permission, agree to participate do not have to answer any questions they do not want to answer, and may stop taking the survey at any time.

It is Anonymous. No names are recorded or attached to the survey forms or data. The results will be made available for analysis only under strict confidentiality controls.

Administration. The survey will be administered in spring of 2019. It will take about one class period to complete (about 50 minutes) and will be administered in one of your child's classes.

Potential Risks. There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. None have been reported in 14 years of survey administration. In rare instances, some discomfort might be experienced from the questions. The school's counseling services will be available to answer any personal questions that may materialize.

For Further Information. The survey was developed by WestEd, a public, non-profit educational institution, for the California Department of Education. If you have any questions about this survey, or about your rights, please contact your child's school site administration or the district Coordinator of Student Services, Melissa.Sage.

For further information: [California Healthy Kids Survey Website](#)

If you do not want your child to participate, please contact Patricia Storey at patricia.storey@sduhsd.net