

CALIFORNIA HEALTHY KIDS SURVEY
2018-19 SCHOOL YEAR
PACIFIC TRAILS MIDDLE SCHOOL

Dear Parent or Guardian:

Your student is being asked to be a part of our school's CHKS sponsored by the California Department of Education. This is a very important survey that will help promote better health and well-being among our youth, improve the school learning environment and combat issues such as substance use and bullying. *Your student does not have to take the survey.* If you do not want your student to complete the survey, you must notify your school. See the directions below for the steps to follow to have your student elect not to participate in this year's CHK Survey administration.

Survey Content. The survey gathers information on developmental supports provided to youth; school connectedness and barriers to learning; school safety; and health-related concerns such as physical activity and nutritional habits; alcohol, tobacco and other drug use; and risk of depression and suicide and perceived sexual orientation.

The most recent school-level and district-level CHKS reports from the 2017 administration are available on the SDUHSD website at <https://www.sduhsd.net/Parents--Students/Student-Support--Wellness/California-Healthy-Kids-Survey-CHKS/index.html>.

The results from this survey are also compiled into district- and county-level CHKS Reports. To view a copy of any California county or school district's report, go to <https://calschls.org/reports-data/search-lea-reports/> (Outside Source) and type in the district's name.

It is Voluntary. Students who, with your permission, agree to participate do not have to answer any questions they do not want to answer, and may stop taking the survey at any time.

It is Anonymous. No names are recorded or attached to the survey forms or data. The results will be made available for analysis only under strict confidentiality controls.

Administration. The survey will be administered on March 14th and 15th. It will take about one hour and will be administered in your student's English class.

Potential Risks. There are no known risks of physical harm to your student. Risks of psychological or social harm are very small. None have been reported in 20 years of survey administration. In rare instances, some discomfort might be experienced from the questions. The school's counseling services will be available to answer any personal questions that may materialize.

For Further Information. The survey was developed by WestEd, a public, non-profit educational institution. If you have any questions about this survey, or about your rights, call the school and contact Patricia Storey at 858-509-1000.

If you do not want your student to participate, please contact:
Patricia Storey, Assistant Principal
858-509-1000
patricia.storey@sduhsd.net