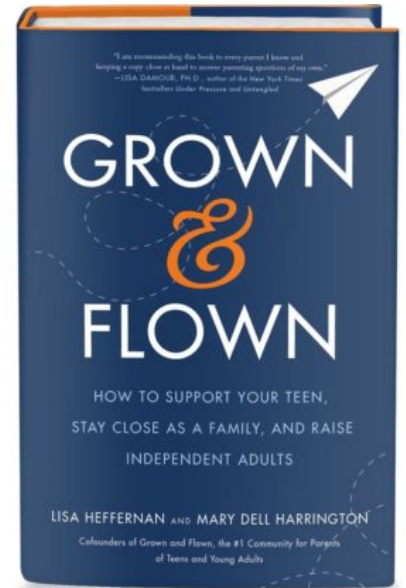




AN EVENING WITH



Lisa Heffernan & Mary Dell Harrington, authors of

“Grown & Flown”

**How to Support Your Teens, Stay Close as a Family, and
Raise Independent Adults**

March 16, 6PM | Canyon Crest Academy

March 17, 6PM | San Dieguito Academy

- **RSVP @ CCA:** <https://tinyurl.com/grown-CCA>
- **RSVP @ SDA:** <https://tinyurl.com/grown-SDA>

These family education events are generously sponsored by the PTSAs at Carmel Valley, Diegueño, Earl Warren, and Pacific Trails, as well as the Oak Crest Parent Foundation.