

California Career Zone

SDUHSD 7th-grade

Mrs. Curry

Why career exploration in middle school?

To learn more about your **interests**

To help think about **classes** to take in high school

To think about the **future** - so many possibilities!

To connect what you are doing in school to the **world of work!**

Goals for today's Career Exploration Activity

Visit CA California Career Zone

Sign up for an account

'Learn About Myself" - quick
assessment

Take an INTEREST PROFILER



www.cacareerzone.org



California CareerZone
powered by **Headed2**

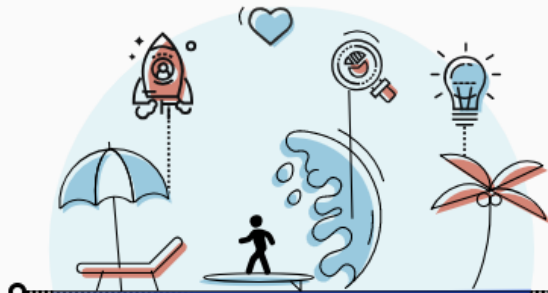
You are not signed in: [Sign In](#)

Explore ▾ Decide ▾ Grow ▾

Search



What's your plan?



**Discover
Possibilities**



**Explore Industry
Sectors**



**Your
Career Hub**



Sign In or Create an Account



With an account you can save your information and come back at any point. It only takes a minute, so sign up now.

Sign In

Create an account

Username*

Password*

[Forgot Password](#)

[Forgot Username](#)

[Sign In](#)



[Get Started](#)



Sign In or Create an Account



With an account you can save your information and come back at any point. It only takes a minute, so sign up now.

Sign In

Create an account



Basic Info



Tell us a bit more about yourself

User Name*

lastnamefirstinitiallast4digitsofstudentID#

Password*

entire student ID#; if less than 6 digits, add a zero to the end

Confirm Password*

entire student ID#; if less than 6 digits, add a zero to the end

Which describes you best?*

Please choose one

Zip Code

The Career Hub

Personalized resources

What is the Career Hub?

The Career Hub provides resources and opportunities available for you.

How do I create an account?

All you need to do is create an account on the Career Hub and use your account to access the resources.



Local opportunities

Return back to the



powered by

Sign In or Create an Account



With an account you can save your information and come back at any point. It only takes a minute, so sign up now.

Sign In

Create an account

1

Basic Info

2

Tell us a bit more about yourself

User Name*

Password*

Please choose one

- Student**
- Teacher
- Counselor
- Job Seeker
- Parent / Guardian
- Other

Please choose one

Zip Code



Sign In or Create an Account

signed in: Sign In

With an account you can save your information and come back at any point. It only takes a minute, so sign up now.

Sign In

Create an account

1 Basic Info

2 Tell us a bit more about yourself

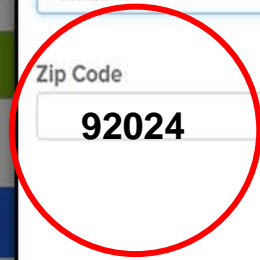
User Name*

Password*

Confirm Password*

Which describes you best?*

Zip Code



Next



The Career Hub
Personalized re

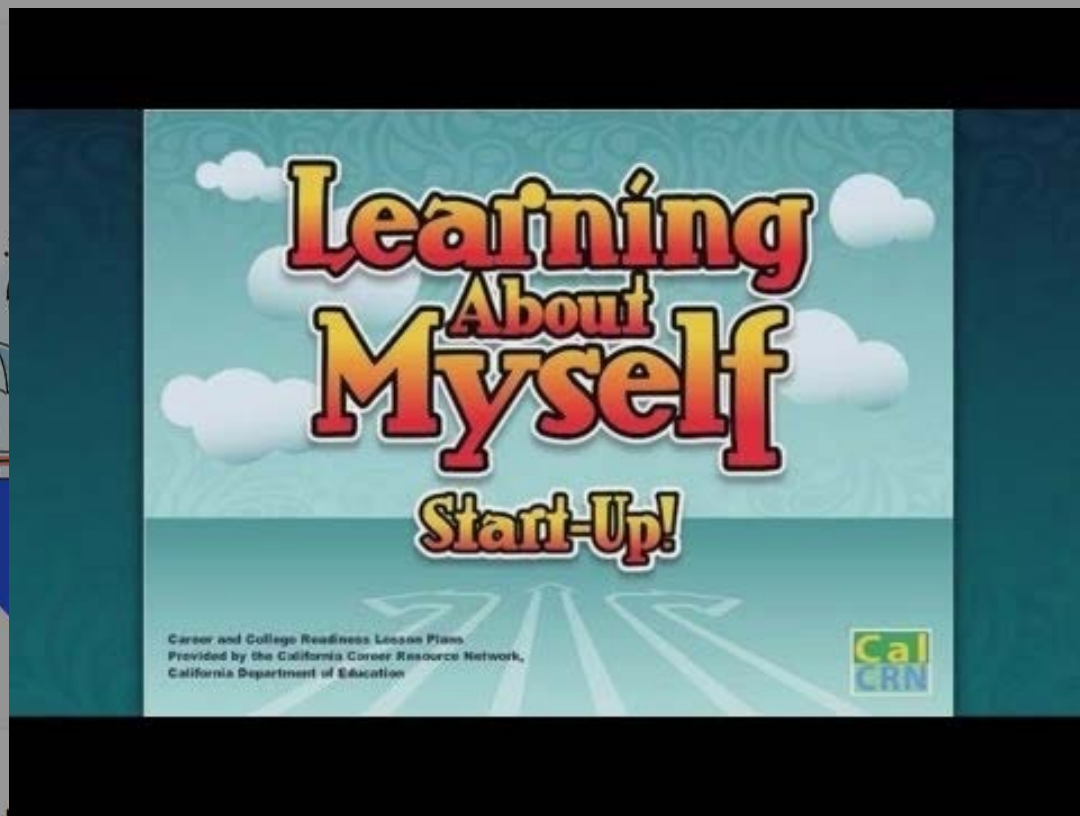
What is the
The Career Hub p
are available for y

How do I
All you need to do
Career Hub and u



local opportunities

back to the



Or, find more information in the:





What's your plan?



Or, find more information in the:





Learn about yourself, the employment options available to you and the training that will prepare you for them.

Assess Yourself

[Quick Assessment](#)

[Interest Profiler](#)

[Work Importance Profiler](#)

[Skills Profiler](#)

Fields of Study

[Type of Field](#)

Occupations

[California Industry Sectors](#)

[Video Library](#)

[All Occupations](#)

Colleges and Training

[Find a College in Your Area](#)

[Find Training](#)



Or, find more information in the:

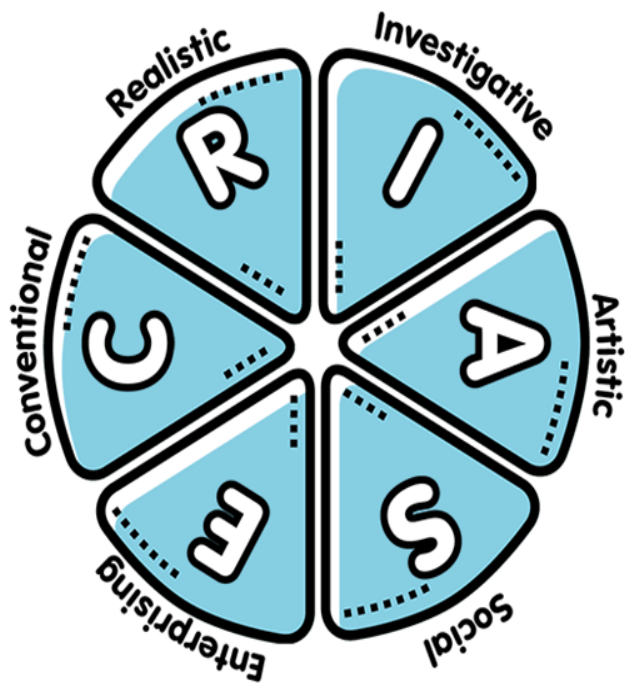


[Educator's](#)



[About Us](#)

Quick Assessment



Assess Yourself

Use your mouse to hover over the interest areas on the left. A description of each area will appear here. When you have read each area, select the three that you feel best describe your interests.

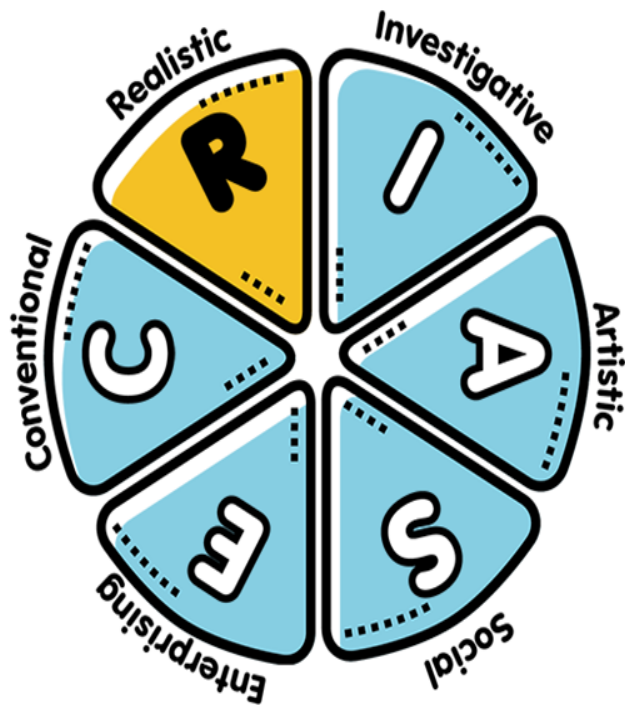
You Chose

1.

2.

3.

Quick Assessment



Realistic

Realistic occupations frequently involve work activities that include practical, hands-on problems and solutions. They often deal with plants, animals, and real-world materials like wood, tools, and machinery. Many of the occupations require working outside, and do not involve a lot of paperwork or working closely with others.

You Chose

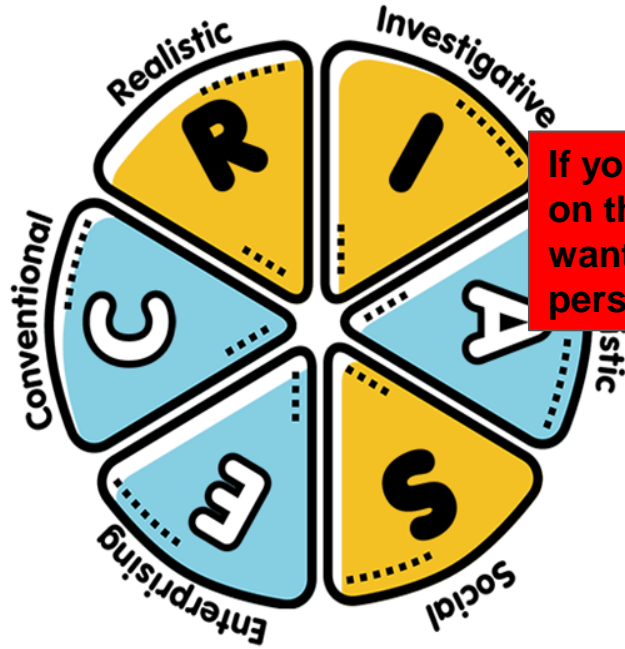
1.

2.

3.

Hover over a personality type to learn more about it, then select your top 3 personality types, you can also look at Holland Code on back of your worksheet.

Quick Assessment



Assess Yourself

Use your mouse to hover over the interest areas on

If you want to change your selection, click on the pull down arrow next to the word you want to change and select another personality type.

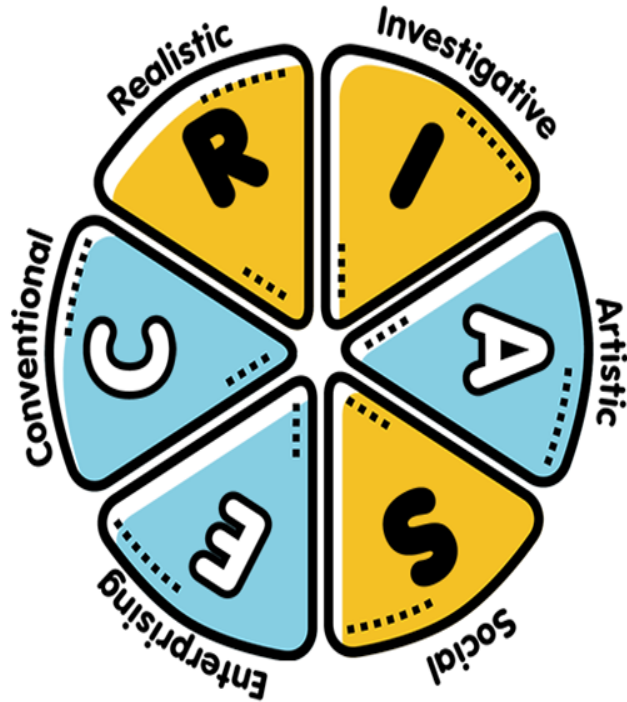
interests

You Chose

1. Investigative 2. Realistic 3. Social

Social part of your theme code. Jobs selected for you realistic interests in Investigative environment Social goals.

[View Results](#)



Assess Yourself

Use your mouse to hover over the interest areas on the left. A description of each area will appear here. When you have read each area, select the three that you feel best describe your interests. Click on each of the interest areas below and read each of the descriptions that appear. When you have read each area, select the three that you feel best describe your interests

You Chose

1. 2. 3.

Social is the final part of your theme code. Jobs selected for you will reflect **Realistic** interests in **Investigative** environments with **Social** goals.



[View Results](#)

STOP - before you click on view results, write down the 3 interest areas that you chose on #1 of your worksheet.



Quick Assessment: Investigative Realistic & Social (IRS)

You can compare up to four occupations by selecting the boxes to the left of the desired occupations and then clicking on the Compare Selected button at the bottom of the page. You can also filter occupation lists by Job Zone (preparation required), salary, and more to help you refine your search.

Job Zone is between 1 & 5

Salary is between \$10,000 & \$160,000

Has Video

In California Industry Sector

STEM

Quick Assessment: Investigative Realistic & Social (IRS)

31 results found



Title

Video

Job
Zone

California Career Zone
Job Zones - YOU CHOOSE

JOB ZONE 1 high school diploma or GED certificate.

JOB ZONE 2 these occupations usually require a high school diploma.

JOB ZONE 3 Most occupations in this zone require training in vocational schools, related on-the-job experience, or an associate's degree.

JOB ZONE 4 Most of these occupations require a 4-year Bachelor's degree, but some do not.

JOB ZONE 5 Most of these occupations require graduate school. They may require a Master's degree PhD (doctor of philosophy), MD (medical degree), or JD (law degree).



Quick Assessment: Investigative Realistic & Social (IRS)

You can compare up to four occupations by selecting the boxes to the left of the desired occupations and then clicking on the Compare Selected button at the bottom of the page. You can also filter occupation lists by Job Zone (preparation required), salary, and more to help you refine your search.

Job Zone is between 1 & 5 Salary is between \$10,000 & \$160,000 Has Video

In California Industry Sector STEM

Filter

Quick Assessment: Investigative Realistic & Social (IRS)

31 results found



Title

Video

Job

Zone



Aerospace Engineers



A member of Engineering and Architecture

Average Salary

\$123,230

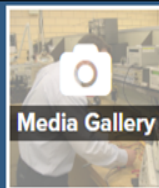
Annual Openings

470

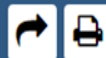
California

Preparation

Job Zone 4



Media Gallery



About the Job

Perform engineering duties in designing, constructing, and testing aircraft, missiles, and spacecraft. May conduct basic and applied research to evaluate adaptability of materials and equipment to aircraft design and manufacture. May recommend improvements in testing equipment and techniques.

What They Do

Formulate mathematical models or other methods of computer analysis to develop, evaluate, or modify design, according to customer engineering requirements.

Plan or conduct experimental, environmental, operational, or stress tests on models or prototypes of aircraft or aerospace systems or equipment.

You and This Occupation



Your Rating



Compatibility

0

Resumes

Add

0

Journals

Add

0

Plans

Add

Your Opportunities



Learn about yourself, the employment options available to you and the training that will prepare you for them.

Assess Yourself

Quick Assessment

Interest Profiler 

Work Importance Profiler

Skills Profiler

Fields of Study

Type of Field

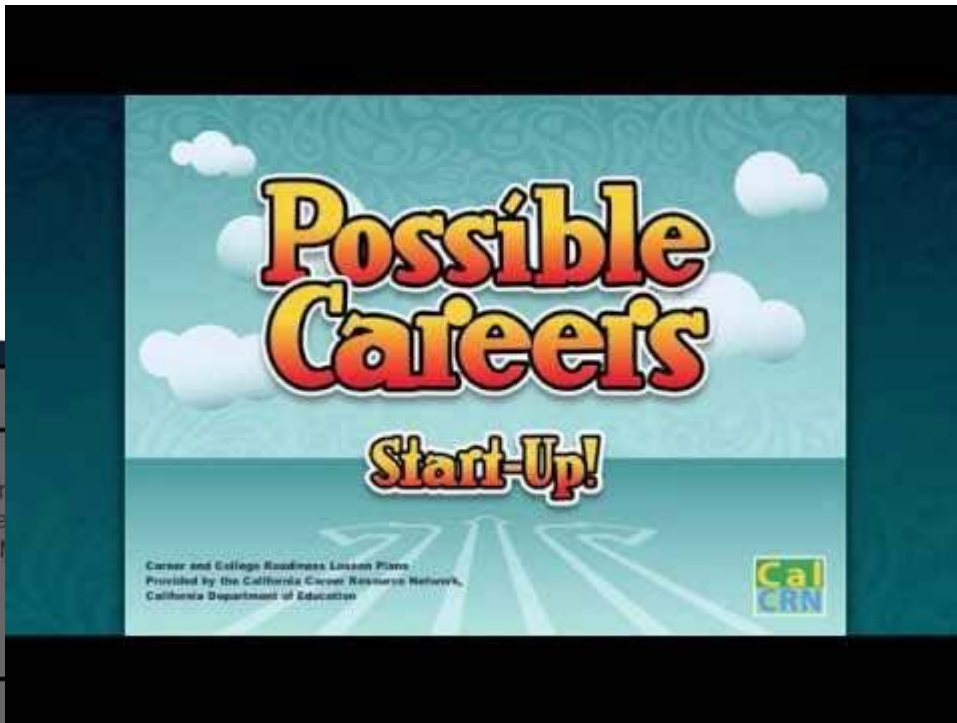
About the Job

Perform engineering duties in designing, constructing, and testing spacecraft. May conduct basic and applied research and development of equipment to aircraft design and manufacture. May test equipment and techniques.

What They Do

Formulate mathematical models or other methods of computer analysis to develop, evaluate, or modify design, according to customer engineering requirements.

Plan or conduct experimental, environmental, operational, or stress tests on models or prototypes of aircraft or aerospace systems or equipment.



Add

Add

Add

Your Opportunities



Welcome to the Interest Profiler

Discover what your interests are and how they relate to the world of work. The Interest Profiler helps you decide what kinds of occupations and jobs you might want to explore based on your interests.

Select an option below to begin:

Start a new Interest Profiler:

Go



Resume Interest Profiler:

Go

View Results:

Go

Have you taken the Interest Profiler in the past? If you know your score for each of the 6 interest categories you can enter them directly.

Enter Score:

Go



Interest Profiler Options

Choose a version of the Interest Profiler

- The **Mini** version contains 30 questions, and is recommended for use when time is limited.
- The **Short** version is a more comprehensive 60 questions, and is recommended when time is not a factor.

Which do you want to use?

30 Question - Mini

60 Question - Short

[If you are looking for the 180 question version, click here](#)

Welcome to the Interest Profiler

Discover what your interests are and how they relate to various occupations and jobs you might want to consider.

Select an option below to begin:

Start a new Interest Profiler:

Resume Interest Profiler:

View Results:

Have you taken the Interest Profiler in the past? If you know your score for each of the 6 interest categories you can enter them directly.

Enter Score:

Go



Interest Profiler :: Instructions

The Interest Profiler has 60 questions about work activities that some people do on their jobs.

Read each question carefully and decide how you would feel about doing each type of work:

-  = Strongly Dislike
-  = Dislike
-  = Unsure
-  = Like
-  = Strongly Like

At any point during the Profiler you can change your answer to a question. Simply use your mouse to move to the question where you want to change your answer. Then select your new answer.

Next



Read the instructions, then click Next. On the following pages, click Next, then click Begin.



Interest Profiler :: Questions

Select the option that best reflects how you would feel about performing the activity below.

Question 1 of 60



1. Build kitchen cabinets

Click on your response. You will automatically go to the next page.

Next





Interest Profiler :: Questions

Select the

If you want to change an answer, you can return to an earlier page.

Question 2 of 60



2. Lay brick or tile

Previous



Next





Interest Profiler :: Questions

Select the option that best reflects how you would feel about performing the activity below.

Question 1 of 60



1. Build kitchen cabinets

You can go back as many pages as necessary, change your answer, then use the Next button to return to your current page.

Next



Select the option that best reflects how you would feel about performing the activity below.

Question 60 of 60



60. Stamp, sort, and distribute mail for an organization

[Previous](#)



[Summarize](#)

After you answer all 60 questions, click on Summarize.

Interest Profiler :: Summary

The scores below are a summary of your interests; they represent how much you enjoy each type of activity. The three highest scoring areas form an interest profile that can be used to explore occupations. These results should be considered a guide for your career exploration, not a definitive statement of which occupations you should or should not pursue. The results do not mean that you will be good at a particular occupation, only whether you might enjoy the type of activities required by that occupation.

Your top three interest areas in order of importance are:

- Investigative 36
- Artistic 27
- Social 26

Your other interest areas in order of importance are:

- Conventional 16
- Realistic 5
- Enterprising 4

STOP - write down your top three interest areas and your other interest areas in order of importance on #4 of your worksheet.

If you haven't logged in, you can write down each interest area and its corresponding score to the right. When you return to the Interest Profiler, you can choose "Enter your score" where you can type in the score for each interest and go directly to the list of matching occupations. If you are logged in your Interest Profiler has been saved to your portfolio and you can return to review your results at any time.

[View Occupations](#)



Interest Profiler :: Results

Your interest profile returned the following occupations. Occupations in **this color** represent stronger matches. You can compare up to four occupations by selecting the boxes to the left of the desired occupations and then clicking on the Compare Selected button at the bottom of the page. You can also filter occupation lists by Job Zone (preparation required), salary, and more to help you refine your search.

Job Zone is between 1 & 5

Salary is between \$10,000 & \$160,000

Has Video

In California Industry Sector

Any California Industry Sector

STEM

Filter

Interest Profiler :: Results

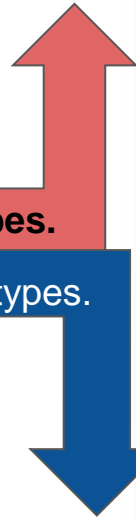
56 results found

Title	Video	Job Zone	Rating	Score
<input type="checkbox"/> Sociologists				0.98
<input type="checkbox"/> Psychiatrists				0.95
<input type="checkbox"/> School Psycholoaists				0.93

Medical Scientists, Except Epidemiologists 🌸 🐼	5	0.74
Anthropology and Archeology Teachers, Postsecondary 🐼	5	0.74
Philosophy and Religion Teachers, Postsecondary 🐼	5	0.73
Career/Technical Education Teachers, Middle School 🐼	4	0.73
Atmospheric, Earth, Marine, and Space Sciences Teachers, Postsecondary 🌸 🐼	5	0.73
Pediatricians, General 🐼	5	0.73
Computer Science Teachers, Postsecondary	5	0.73
Economics Teachers, Postsecondary 🐼	5	0.72
Physical Medicine and Rehabilitation Physicians 🐼	5	0.70
Interpreters and Translators 🐼	4	0.70
Physics Teachers, Postsecondary 🌸	5	0.68
Marriage and Family Therapists	5	0.68

Occupations in this color match your first three personality types.

Occupations in this color match your second set of personality types.



<input checked="" type="checkbox"/>	Medical Scientists, Except Epidemiologists 🌱 🌱	5	0.74
<input type="checkbox"/>	Anthropology and Archeology Teachers, Postsecondary 🌱	5	0.74
<input type="checkbox"/>	Philosophy and Religion Teachers, Postsecondary 🌱	5	0.73
<input checked="" type="checkbox"/>	Career/Technical Education Teachers, Middle School 🌱	4	0.73
<input type="checkbox"/>	Atmospheric, Earth, Marine, and Space Sciences Teachers, Postsecondary 🌱 🌱	5	0.73
<input type="checkbox"/>	Pediatricians, General 🌱	5	0.73
<input type="checkbox"/>	Computer Science Teachers, Postsecondary 🌱 🌱	5	0.73
<input type="checkbox"/>	Economics Teachers, Postsecondary 🌱	5	0.72
<input checked="" type="checkbox"/>	Physical Medicine and Rehabilitation Physicians 🌱	5	0.70
<input checked="" type="checkbox"/>	Interpreters and Translators 🌱	4	0.70
<input type="checkbox"/>	Physics Teachers, Postsecondary 🌱		
<input type="checkbox"/>	Marriage and Family Therapists	5	0.68



Check the boxes next to 4 careers, then click on Compare Selected.



Compare Selected

You have selected **four** items to compare, you can select **no** more.

Occupation Comparison

	Physical Medicine and Rehabilitation Physicians	Medical Scientists, Except Epidemiologists	Career/Technical Education Teachers, Middle School	Interpreters and Translators
Job Zone	Job Zone Five: Extensive Preparation Needed	Job Zone Five: Extensive Preparation Needed	Job Zone Four: Considerable Preparation Needed	Job Zone Four: Considerable Preparation Needed
Cluster	Health Science and Medical Technology	Health Science and Medical Technology	Education, Child Development, and Family Services	Arts, Media, and Entertainment
Interests	ISR Investigative Social Realistic <i>This occupation is in your Interest Profiler Results</i>	IRA Investigative Realistic Artistic <i>This occupation is a strong match in your Interest Profiler Results</i>	SAC Social Artistic Conventional <i>This occupation is a strong match in your Interest Profiler Results</i>	AS Artistic Social <i>This occupation is in your Interest Profiler Results</i>
Work Values	ARI Achievement Recognition Independence	ARI Achievement Recognition Independence	RAI Relationships Achievement Independence	RWR Relationships Working Conditions Recognition
Salary	\$214,730.00 🐼	\$104,070.00 🐼	\$56,410.00 🐼	\$55,540.00 🐼
Projected	28,600	28,000	n/a	12,700

Click on the name of a career to learn more about that career.



	Physical Medicine and Rehabilitation Physicians	Medical Scientists, Except Epidemiologists	Career/Technical Education Teachers, Middle School	Interpreters and Translators
Job Zone	Job Zone Five: Extensive Preparation Needed	Job Zone Five: Extensive Preparation Needed	Job Zone Four: Considerable Preparation Needed	Job Zone Four: Considerable Preparation Needed
Cluster	Health Science and Medical Technology	Health Science and Medical Technology	Education, Child Development, and Family Services	Arts, Media, and Entertainment
Interests	ISR Investigative Social Realistic <i>This occupation is in your Interest Profiler Results</i>	IRA Investigative Realistic Artistic <i>This occupation is a strong match in your Interest Profiler Results</i>	SAC Social Artistic Conventional <i>This occupation is a strong match in your Interest Profiler Results</i>	AS Artistic Social <i>This occupation is in your Interest Profiler Results</i>
Work Values	ARI Achievement Recognition Independence	ARI Achievement Recognition Independence	RAI Relationships Achievement Independence	RWR Relationships Working Conditions Recognition
Salary	\$214,730.00 🐼	\$104,070.00 🐼	\$56,410.00 🐼	\$55,540.00 🐼
Projected	28 600	28 000	n/a	12 700

Physical Medicine and Rehabilitation Physicians



A member of Health Science and Medical Technology

Average Salary

\$214,730

Annual Openings

1,120

California

Preparation

Job Zone 5



About the Job

Diagnose and treat disorders requiring physiotherapy to provide physical, mental, and occupational rehabilitation.

What They Do

Document examination results, treatment plans, and patients' outcomes.

Examine patients to assess mobility, strength, communication, or cognition.

Assess characteristics of patients' pain such as intensity, location, or duration using standardized clinical measures.

Provide inpatient or outpatient medical management of neuromuscular disorders, musculoskeletal trauma, acute and chronic pain, deformity or amputation, cardiac or pulmonary disease, or other disabling conditions.

Monitor effectiveness of pain management interventions such as medication or spinal injections.

[view all](#)

You and This Occupation



Your Rating



Compatibility

0

Resumes

Add

0

Journals

Add

0

Plans

Add

Your Opportunities



All



Education & Training



Certification



Jobs



Companies

[Certification of Added Qualifications for Sports Medicine](#)

Physical Medicine and Rehabilitation Physicians



A member of Health Science and Medical Technology

Average Salary

California

\$214,730

Annual Openings

1,120

Preparation

Job Zone 5

About the Job

Diagnose and treat disorders requiring physiotherapy to provide physical, mental, and

Remember to rate careers you would like to save.

What They Do

When you find an occupation you really like or find interesting, WRITE it down on #5 of your worksheet and write down things you need to know, be able to do and preparation required. You should end of with four occupations listed.

disease, or other disabling conditions.

Monitor effectiveness of pain management interventions such as medication or spinal injections.

view all

You and This Occupation



Your Rating



Compatibility

0

Resumes

Add

0

Journals

Add

0

Plans

Add

Your Opportunities



All



Education & Training



Certification



Jobs



Companies

Certification of Added Qualifications for Sports Medicine



Record your progress each time you visit the site and review your previous work.

Personal Reports

Portfolio Summary Report

Exploration by Cluster Report

Documentation

Journal

Bookmarks and Ratings

Planning

My Classes

Job Application Tools

Resume Builder

Letter Builder

Reference List Builder

Budget

Make Money Choices

About the Job

Diagnose and treat disorders requiring physiotherapy to provide physical, mental, and occupational rehabilitation.

What They Do

Document examination results, treatment plans, and patients' outcomes.

Examine patients to assess mobility, strength, communication, or cognition.

Assess characteristics of patients' pain such as intensity, location, or duration using standardized clinical measures.

Provide inpatient or outpatient medical management of neuromuscular disorders.

You and This Occupation



Your Rating



Compatibility

0

Resumes

Add

0

Journals

Add

0

Plans

Add

Your Opportunities



Show

Print

Interest Profiler

Work Importance Profiler

Skills Profiler

Cluster Matches

Occupation Matches

Flagged Items

Plans

Journals

Budgets

Number of occupations to
show

Assessment Summaries

Below are the results of the assessments you have completed.

Interest Profiler

Your top scores were

- Investigative 36
- Artistic 27
- Social 26

The rest of your scores were

- Conventional 16
- Realistic 5
- Enterprising 4

Skills Profiler

You have not completed the Skills Profiler

You can find your Interest Profiler results in your Portfolio Summary Report.

Flagged Items

You can find the list of careers you rated with a thumbs up in your Portfolio Summary Report.

Title	Type	Rating
Engineering and Architecture		
Nuclear Engineers		
Marine Engineers		
Soil and Water Conservationists		
Criminal Investigators and Special Agents		
Police Detectives		
Airline Pilots, Copilots, and Flight Engineers		
Chemical Engineers		
Environmental Engineers		
Architects, Except Landscape and Naval		

Thank you!

Don't forget to turn in your worksheet with your parent signature to your science teacher to receive your participation extra credit!