



FALCON FOOTBALL

FRESHMEN FUNDAMENTALS 2018

June 18th – July 6th

July 23rd – July 27th

Monday, Tuesday, Thursday, Friday

- Freshman: 11:00 AM- 12:30

Check the Calendar on the TPHS Football website
(www.torreypinesfootball.com) for the exact schedule

COST: \$400

- Register at:
<https://fs26.formsite.com/tphsfoundation/form28/index.html>
- Payment is due by June 15th

Freshmen fundamentals will cover a complete introduction to Falcon football including strength, conditioning and field work. It provides incoming freshmen an opportunity to learn football fundamentals while building quality relationships with their teammates and coaches. We look forward to getting to know your sons this summer during Freshmen Fundamentals.

Ron Gladnick

Torrey Pines Football

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